



Services to help you
- and your family - thrive.

[For Providers & Professionals](#)

[For Clients & Families](#)

 [Maine Crisis Line 1-888-568-1112](#) *Voice & TTY*

[Home](#)

[About Us](#)

[Clinical Services](#)

[Non-Clinical Services](#)

[Get Involved](#)

[Contact Us](#)

Clinical Services

Crisis Response

- ⇒ [24-Hour Crisis Mobile Triage](#)
- ⇒ [Crisis Residential Units](#)
- ⇒ [Crisis OutReach - Prevention & Aftercare](#)

Outpatient Care

- ⇒ [Substance Abuse Treatment](#)
- ⇒ [Mental Health Treatment](#)
- ⇒ [Psychiatry/Medication Management](#)
- ⇒ [Dual Diagnosis Intensive Outpatient Program](#)
- ⇒ [Specialized Programs](#)

Crisis OutReach - Prevention & Aftercare

For individuals and families who have received crisis services, OutReach staff will work with them for a limited period to help them secure recommended services. Through special agreements with other community agencies, OutReach staff are often able to get appointments for clients within days, which might otherwise take weeks or months.

OutReach staff can also:

- Provide additional support by phone or in person
- Work with you and your other providers on a safety plan and ways to avoid future crisis situations
- Arrange a consultation with one of our psychiatrists
- Follow-up with you after a stay at a hospital or crisis unit

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Crisis & Counseling Center Crisis OutReach service was recognized with a Program Grant from the Maine Health Access Foundation. From July 2005 through June 2007, more than \$175,000 in grant funds from MeHAF will make it possible for this program to become better established, expand and better integrate services to clients. By putting more effort into prevention and aftercare, the OutReach service is helping individuals avert crisis and to more fully resolve crises, bringing more relief to the client as well as to the entire service system.

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[Home](#)[Top](#)[About Us](#)[Clinical Services](#)[Non-Clinical Services](#)[Get Involved](#)[Contact Us](#)

[For Providers & Professionals](#)[For Clients and Families](#)

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