



Services to help you
- and your family - thrive.

For Providers & Professionals

For Clients & Families

 **Maine Crisis Line 1-888-568-1112** Voice & TTY

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Clinical Services

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Mental Health Treatment

Outpatient Locations

32 Winthrop St., Augusta ([Directions](#)) (207) 626-3448

People generally seek therapeutic support to grapple with issues they would have a hard time dealing with on their own. Many people seeking help are unclear about what is actually troubling them.

Therapy provides a safe place to express feelings, clarify thinking, problem-solve difficult life decisions, and move towards one's goals.

Our qualified staff have expertise in a range of therapeutic areas, including trauma, child therapy, addictions, grief and loss, co-occurring disorders, and depression & anxiety disorders.

An additional resource to outpatient clients at Crisis & Counseling Centers is our [medication management](#) staff, who can prescribe and manage medications for our clients.

If you think you or someone in your family could benefit from some time with a therapist, you may call the Crisis & Counseling Centers office in Augusta (207-626-3448) to schedule a time for an initial appointment.

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Crisis & Counseling Centers 32 Winthrop Street Augusta, ME 04330-5624 Tel 207-626-3448 Voice & TTY Fax 207-626-3453

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