

2009 FALL CONFERENCE

TREATING CRIMINOGENIC RISK

Thursday, November 12th
Maple Hill Farm, Hallowell, Maine



Crisis &
Counseling
Centers

Crisis & Counseling Centers, in concert with The Co-Occurring Collaborative Serving Maine, presents the first statewide annual conference on *Treating Criminogenic Risk*.

The nature of working with people in the criminal justice system has evolved over the past two decades, resulting in an increased presence of behavioral health services at all points along the system. This effort has forged growing partnerships between criminal justice and behavioral health professionals that has focused attention on issues such as recidivism, risk reduction, re-entry and effective behavioral health treatment.

This conference provides an opportunity for meaningful discussion related to providing treatment for this unique population. Workshops will focus on the specific interventions and issues related to providing effective behavioral health services in the community and in correctional settings.

We look forward to the conference being the first of many opportunities to foster collaboration and dialogue about effective behavioral health efforts in treating criminogenic risk and behavior.

MORNING PROGRAM

Registration

8:00 a.m.

KEYNOTE

8:30 a.m.

Integrating Criminogenic Risk into the Mental Health/Criminal Justice Dialogue

Fred C. Osher, MD, Dir. of Health Systems & Services Policy, Council of State Governments Justice Center

Corrections and mental health policymakers and practitioners are increasingly interested in matching program packages to individuals' varying levels of clinical need and criminogenic risk (i.e., the dynamic risk factors associated with criminal behavior) with the goal of reserving the most intensive interventions for those individuals who have the most impairments related to their mental illnesses and pose the highest risk to public safety. Although the concept of criminogenic risk is not routinely factored into criminal justice and mental health collaborative treatment and supervision, some jurisdictions are developing strategies to address this issue. Dr. Osher will review findings from the Council of State Governments Justice Centers' recently released report: "Improving Outcomes for People with Mental Illnesses Under Community Corrections Supervision: A Guide to Research-Informed Policy and Practice," and current national program activity in this area.

Break

9:15 a.m.

SESSIONS

9:30 a.m.

A. Risk Factors and Criminogenic Needs for Adolescents

Michele M. Hysten, LCSW, CCS, Director of Youth Development, Day One with Caroline Raymond, MSW, LADC, CCS, Program Manager of Day One's Substance Abuse Services, Maine Youth Development Centers

Knowledge and understanding of risk factors and criminogenic needs will go a long way to

improving the services we provide to our youth in any setting. We will discuss the Big Five Risk Factors addressed in Maine's Youth Development Centers, the Need Principle, and targeted interventions to impact recidivism for youth already in the juvenile justice system.

B. Complexity of Providing Treatment in a Corrections Setting

Bob Kingman, JD, MEd, LCPC, CCS, Dir. of Correctional Healthcare & Jail Diversion Services, Crisis & Counseling Centers

Incarcerated individuals bring their medical and behavioral health needs and problems with them to jail, and present unique challenges not only to healthcare providers within the facility but also to community providers after their release. Coordination and delivery of integrated medical and behavioral treatment while incarcerated provides individuals with better care, provides jail staff with more responsive inmate management, and sets the stage for a more successful reentry into the community upon release. Workshop participants will gain an understanding of integrated healthcare issues and the complex challenges presented by this inmate/client population to both service delivery in the jail and in the community.

C. Holding Both Sides of the Mirror: The Therapeutic Alliance and Criminogenic Change

Michael Mitchell, LCSW, Clinical Dir., Crisis & Counseling Centers

The therapeutic alliance has been consistently shown to be the primary therapeutic element of effective behavioral health treatment. Working with people in the criminal justice system demands an effective balance between establishing a caring and accepting relationship while maintaining accountability. The therapeutic alliance will be discussed from the perspective of the client and clinician at all stages of treatment, regarding issues such as trust, accountability, confidentiality, transference and other issues impacted by the criminogenic process.

Break
10:30 a.m.

PANEL

10:45 a.m.

Parts to the Whole: Perspectives on Providing Criminogenically Informed Treatment

Moderator, Fred Osher. Panelists: Evert Fowle, Somerset/Kennebec County D.A.; Sheriff Randall Liberty, Kennebec County; Justice Nancy Mills, Superior Court; Elizabeth Simoni, Exec. Dir., Maine PreTrial Services; Peter Wohl, Dir. of Outpatient Services, Crisis & Counseling Centers

Providing mental health and substance abuse services to people in the criminal justice system requires more than the traditional fifty minute hour. Close collaboration between providers, law enforcement, probation, the courts and the client is essential to effective services. This panel discussion explores the nature of that collaboration from varied perspectives. Panel members will offer their perspective of the collaboration between criminal justice and behavioral health.

Lunch – provided on-site
Noon

AFTERNOON PROGRAM

PLENARY

1:00 p.m.

The Anti-Social in Us All

Michael Mitchell, LCSW, Clinical Dir., Crisis & Counseling Centers

Working with criminal behavior and the supporting anti-social process can easily leave us assuming that there is something inherently different about "those people." This discussion will review the foundations of anti-social behavior and how it works for all of us. Concepts from developmental criminology and neutralizations will be highlighted to present **anti-social process** as something within us all.

Break
1:45 pm.

SESSIONS

2:00 p.m.

A. Supporting and Engaging Families through the Intervention of Law Enforcement

Laurie Cavanaugh, Regional Parent Support Coord., G.E.A.R. Parent Network/ Crisis & Counseling Centers with Deputy Chief Charles (Chip) Rumsey, Waterville Police Department

Today, many 911 calls are not criminal in nature, but are related to behavioral and mental health issues. As more and more families utilize the police when they don't know what else to do, how can we support them and work together for better outcomes? This workshop will explore how providers, families and law enforcement can collaboratively work together in preventative ways, while ensuring public safety. The statewide Afterhours Family Assets program, a service of G.E.A.R. Parent Network, will be introduced.

B. Medical Issues and Criminogenic Risk

Edward Pontius, MD, Medical Dir., Crisis & Counseling Centers and Medical Dir. of ACCESS

Where does criminal behavior come from? Do genes determine destiny? And what role does the environment play? New research provides answers that both informs treatment and suggests a new strategy for prevention. Can medications and other biological treatments impact criminal behavior? We'll review evidence for current biological therapies and their impact. Join us for a lively review of the judicious application of psychopharmacology in moderating criminal behavior.

C. The Fourth Leg of the Stool: Trauma in Criminal Justice Populations

Peter Wohl, MA, LADC, CCS, Dir. of Outpatient Services, Crisis & Counseling Centers

The high incidences of both trauma and of persons who meet the criteria for Post Traumatic Stress Disorder in criminal justice populations, makes this a very significant factor

to consider in any intervention that intends to help reduce the risk of recidivism. In addition, it appears that trauma-affected thought and behavior can mimic, exacerbate and reinforce anti-social thinking and behavior, adding to the complexity of working effectively with persons impacted in this way. Finally, for persons with a serious trauma history there should be special consideration given to the treatment environment and the design of interventions. This workshop will explore the nature of trauma and Post Traumatic Stress Disorder along with the further implications for providing effective Trauma-Sensitive services.

Break

3:15 p.m.

PANEL

3:30 p.m.

Providing Effective Criminogenically Informed Treatment

Moderator, Michael Mitchell, Clinical Dir., C&C.

Panelists: Michele Hylen, Dir. of Youth Development, Day One; Bob Kingman, Dir. of Correctional Hlthcare & Jail Diversion Services, C&C; Carol Tiernan, Dir. of G.E.A.R. Parent Network, a program of C&C; Peter Wohl, Dir. of Outpatient Services, C&C.

Providing behavioral health services to people at various stages of involvement with criminal justice presents its own unique challenges. This panel discussion will present various perspectives on providing and/or receiving behavioral health services for people in the criminal justice system. Panelists will offer their experiences concerning treatment issues involving mental health, substance abuse, trauma and criminogenic factors, from the perspective of the clinician and the client. Specific topics will be facilitated, along with audience participation in a lively discussion about **what does and doesn't work.**

WRAP UP

4:00 p.m.

PRESENTER & SPEAKER BIOS

KEYNOTE/PANEL MODERATOR

Fred C. Osher, M.D. is the Director of Health Systems and Health Services Policy at the Council of State Governments Justice Center. Dr. Osher is a community psychiatrist with clinical, research, and policy interests in effective services for persons with serious mental illnesses and co-occurring substance use disorders. Over the past three decades he has led initiatives focused on incarcerated and/or homeless persons with co-occurring disorders. Dr. Osher has a history of public-sector service at local, state, and federal levels. His previous positions include: Dir. of the Center for Behavioral Health, Justice, and Public Policy; Dir. of Community Psychiatry at the University of Maryland School of Medicine; Dir. of the Division of Demonstration Programs at the federal Center for Mental Health Services; and Deputy Dir. of the Office of Programs for the Homeless Mentally Ill at the National Institute of Mental Health. Dr. Osher has published extensively in the areas of homelessness, community psychiatry, co-occurring disorders, and effective approaches to justice involved persons with behavioral health disorders. He received his B.A. degree from Harvard University and his M.D. degree from Wayne State University.

PLENARY/PANEL MODERATOR/ SESSION PRESENTER

Michael Mitchell, LCSW, is Clinical Director for Crisis & Counseling Centers (C&C) located in Augusta Maine. He has been a practicing clinician for over twenty three years, specializing in working with children with mental illness, trauma recovery and couples' therapy. He also oversees the development and implementation of the clinical services at C&C, with specific attention to working with people inside and out of the criminal justice system who are struggling to change an anti-social way of life.

SESSION PRESENTERS

Laurie Cavanaugh has been a Regional Parent Support Coordinator with G.E.A.R. Parent Network since 2000. (G.E.A.R. is a statewide family-run program of Crisis & Counseling Centers, providing support and training free of charge to parents of children with behavioral health needs). While her primary service region encompasses the counties of Androscoggin, Cumberland, Oxford and York, she has spent a great deal of time over the past two years in communities across the state, creating and coordinating the Afterhours Family Assets Program (AFAP), which brings together police officers, mental health providers and families to collaborate in developing positive and safe interventions for children and youth presenting in crisis. Based on her recent work, she was invited to attend this year's National Summit of the International Association of Chiefs of Police, entitled "Building Safer Communities: Improving Police Response to Persons with Mental Illness," which she attended in May.

Michele Hysten, LCSW, CCS, is Director of Youth Development Services overseeing Juvenile Justice, Prevention and Intervention programs for adolescents and young adults. She began her work in juvenile justice with the Juvenile Drug Treatment Courts at the time of their inception in Maine in 2000. She has over 20 years experience as a social worker and supervisor, predominantly working in the areas of mental health, substance abuse, and co-occurring disorders.

Bob Kingman, J.D., MEd, LCPC, CCS, is Director of Correctional Health Care and Jail Diversion Services for Crisis & Counseling Centers (C&C). He has more than 25 years of experience in the behavioral health field: as the Patient Advocate at the former Augusta Mental Health Institute, Maine's state psychiatric hospital; Dir. of an ACT (Assertive Community Treatment) Team and Adult Community Support Program; a

Juvenile Drug Court and school-based provider; an outpatient therapist; a clinical outreach coordinator for homeless individuals with co-occurring disorders; and as a member of Maine's only Co-occurring Disorders Court multi-disciplinary team. In his current position, he is responsible for oversight of C&C's integrated primary and behavioral healthcare services at two county jails: Two Bridges Regional Jail in Wiscasset and Kennebec County Correctional Facility in Augusta.

Edward Pontius, M.D., is Medical Director for Crisis & Counseling Centers (C&C). A Past-President of the Maine Association of Psychiatric Physicians and the Hawaii Psychiatric Association, he has long been involved in advocacy for effective mental health policy on a state and national basis and has extensive experience in clinical education, research, and program development, with particular expertise in the area of anxiety disorders and the application of technology to improve behavioral health services. Since 2005, Dr. Pontius has served as the Medical Dir. for ACCESS in Portland, which includes the highly-successful Jail Diversion Program – Maine's first application of assertive community treatment (ACT) team services to aid individuals with severe mental illness involved in the justice system. Since joining C&C in May 2009, Dr. Pontius' work has included developing a Suboxone Maintenance Program to address the unmet need for opioid dependence treatment, a major criminogenic risk factor impacting Maine communities.

Caroline Raymond, MSW, LADC, CCS, is the Day One Program Manger of Substance Abuse Treatment for adolescents committed to Long Creek and Mountain View Youth Development Centers. She began her work with Juvenile Justice in 1997.

Charles (Chip) Rumsey, Deputy Chief, Waterville Police Department

Charles (Chip) Rumsey is the Deputy Chief of the Waterville Police Department. During his 15-year career with Waterville, he has also served as Patrol Officer, Detective and Sergeant, resulting in involvement in every facet of law enforcement's response to individuals dealing with behavioral and mental health challenges. He currently serves as a member of the Kennebec County Jail Diversion Collaborative Task Force, led by Crisis & Counseling Centers. He received his B.S. degree from the University of North Dakota and his M.P.A. from the University of Maine.

Peter Wohl, M.A., LADC, CCS, is the Director of Outpatient Services at Crisis & Counseling Centers. In that role he provides planning, development and oversight for outpatient and intensive outpatient services and serves as a member of the Co-Occurring Disorders Court Team. Previously, he provided treatment, supervision and consultation for co-occurring disorders at Riverview Psychiatric Center and was a member of the Augusta Adolescent Drug Court Team. Peter has provided treatment services in Vermont and Arizona and in those capacities has worked extensively with offenders. He was a contributor and trainer for the Co-Occurring Disorders Curriculum for Maine and he has developed an adolescent treatment intervention (MAATI) that uses martial arts in conjunction with Cognitive-Behavior Therapy.

Crisis & Counseling Centers wishes to thank its guest presenters and panelists for their time and expertise. Special thanks, to our event co-sponsor, the Co-Occurring Collaborative Serving Maine.

REGISTRATION

The easiest way to register is online by going to www.crisisandcounseling.org and clicking on "Register Now" under the "Treating Criminogenic Risk" conference heading. Only credit card payment is accepted through the online registration site. To register by cash or check, or by credit card using the mail or fax, please complete the following form:

Fall Conference – Nov. 12, 2009 *Treating Criminogenic Risk* Maple Hill Farm, Hallowell, Maine

Cost per individual: \$60 through Oct. 16th \$75 after Oct. 16th
Cost includes full day conference, refreshments and lunch.

Number of registrants: _____ x \$ _____ /ticket = \$ _____

Please complete all lines:

Name: _____

Title: _____

Organization/Business: _____

Street Address or P.O. : _____

City, State & Zip: _____

Email: _____

Phone: _____

To register add'l individuals, please copy form.

Payment:

___ Check enclosed for total amount due (Faxed reservations are not guaranteed until payment is received or a P.O. # is provided.)

___ Please charge to the following credit card (circle one)

AmEx/VISA/MC # _____

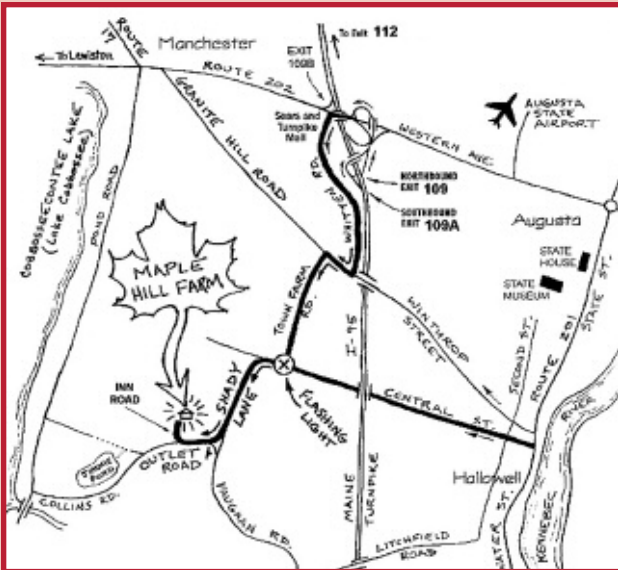
Exp. Date: _____

Signature: _____

Mail to: Attn: Sue Gordon

Crisis & Counseling Centers
32 Winthrop St., Augusta, ME 04330
or Fax to: 207-621-6228

For questions about registration, call Sue Gordon, C&C Training Coordinator, at 207-626-3448 x 133.



Maple Hill Farm

11 Inn Road
Hallowell, ME 04347
207- 622-2708

From the South: Take I-95 North. Take Exit 109, the first Augusta Exit, off I-95.
From the North: Take Exit 109A, the last Augusta Exit, off I-95. (Don't take Exit 109B, since this just misses the next turn!)

From either direction: Stay in the left lane on the exit ramp for Route 202 West (toward Winthrop), then as soon as you get onto Route 202 West, move over into the left turn lane and take a left turn onto Whitten Road (at the first traffic light only a few hundred feet from the end of the exit ramp). Watch carefully for our blue and white signs directing you through a series of turns during the next 4 miles to Maple Hill Farm Bed and Breakfast on the Inn Road (our driveway) off the Outlet Road in Hallowell.

Crisis & Counseling Centers



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Co-Occurring Collaborative Serving Maine

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Contact Hours

Applications for contact hours have been made. Certificates will be available upon completion of this workshop.

- 6 contact hours for drug and alcohol counselors pending approval by the Board of Alcohol and Drug Counselors.
- 6 Category I contact hours for psychologists are provided. CCSME is a pre-approved sponsor and provider of Professional Education Activities for Psychologists.
- A certificate of attendance for 6 contact hours for social workers, licensed clinical professional counselors, and other professionals.
- 6 CLE contact hours pending approval by the Maine Board of Overseers of the Bar.

Target Audience: Medical and Behavioral Health Professionals, Legal and Criminal Justice Personnel