



Services to help you  
- and your family - thrive.

For Providers & Professionals For Clients & Families

 **Maine Crisis Line 1-888-568-1112** Voice & TTY

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## Home

*Respectfully responding to the mental health and substance abuse needs of individuals in Kennebec and Somerset counties and offering parent support and training statewide.*

In these times, there are few of us who are not struggling to balance the demands of our lives. Even those of us with financial resources and family support sometimes need some assistance with

- daily pressures
- the grief that comes from loss
- finding self-fulfillment
- creating fulfilled relationships
- overcoming addictions
- raising children who have the resources to make their own healthy choices

If you are interested in living your life with more purpose and fulfillment, consider us your partner in making this happen. We have terrific people working here who have a lot of experience helping others improve the quality of their lives - who can help you as you struggle with emotional and relationship issues, set goals and seek practical support for yourself and your family.

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DECEMBER 13, 2007

## LYNN DUBY, FORMER COMMISSIONER OF BDS, RETURNS TO CRISIS & COUNSELING CENTERS AS CEO



Lynn Duby

The Board of Directors of Crisis & Counseling Centers (C&C) has completed its national search for a new Chief Executive Officer and has announced that Lynn Duby, former Commissioner of Maine's Department of Behavioral and Developmental Services (BDS), will return as head of Crisis & Counseling Centers, a position she previously held from 1984 to 1996.

[\(continued\)](#)



Presenting Sponsor of C&C's  
May 2007 Annual Meeting & Dinner

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