



Clinical Services

Crisis Response

- [24-Hour Crisis Mobile Triage](#)
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Outpatient Care

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Clinical Services

Thank you for your interest in the clinical services at Crisis & Counseling Centers. We want to work with you in making positive change happen in your life.

Our clinical services have two main areas:

- Crisis services that are available 24/7, that can come to you wherever you are in Kennebec or Somerset county;
- Outpatient mental health and substance abuse treatment, in our Augusta or Skowhegan office.

Your satisfaction with our services is essential. From your first contact with us, you will be treated respectfully. We will listen to you to understand your situation and work together to find constructive solutions.

Your mental well being, your relationships, your physical health, your success in work or school, your financial situation, your hope and plans for the future -- are all interrelated. When one part isn't working, all parts are affected.

While we can't find the answers for you, we can support you while you look for them, by giving you feedback, guidance and information; by connecting you to other services; and by caring about you and treating you as a whole person. That includes working with you on any addictions you are struggling with and on ways to cope with the symptoms of any diagnosed mental illness you may have.

If you need to talk with someone right away about something that is troubling you, please call the toll-free crisis line (state of Maine only) 1-888-568-1112, for help.

Otherwise, we invite you to call our Augusta office (626-3448) or our Skowhegan office (474-5461) for more information or to schedule an appointment with our Outpatient staff to determine if our services can be of help to you.

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Crisis & Counseling Centers was recognized by the Co-Occurring Collaborative of Southern Maine as a Co-Occurring Center of Excellence. This award acknowledges Crisis & Counseling Centers' emphasis on providing integrated mental health and substance abuse treatment in all program areas.